

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Jan. 8</b>	<b>Jan. 9</b>	<b>Jan. 10</b>	<b>Jan. 11</b>	<b>Jan. 12</b>
Sausage Biscuit Assorted Cereal w/Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate Misc. Assorted Jelly	Assorted Muffin Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Breakfast Burrito Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Fruit Parfait Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Pancake on a Stick Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate Misc. Maple Syrup Cup
<b>Jan. 15</b>	<b>Jan. 16</b>	<b>Jan. 17</b>	<b>Jan. 18</b>	<b>Jan. 19</b>
Breakfast Pizza Assorted Cereal w/Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate Misc. Assorted Jelly	Breakfast Taco Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	French Toast Sticks Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate Misc. Maple Syrup	Assorted Muffin Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Scrambled egg & Turkey Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate Misc. Assorted Jelly
<b>Jan. 22</b>	<b>Jan. 23</b>	<b>Jan. 24</b>	<b>Jan. 25</b>	<b>Jan. 26</b>
French Toast Sticks Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate Misc. Maple Syrup Cup	Oatmeal w/Toast Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Morning Sausage Roll Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Assorted Muffin Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate	Turkey Sausage Bkft Pizza Assorted Cereal w/ Graham Crackers Fruit: Fresh 100% Assorted Juice Cup Milk: 1% Low Fat White milk; Fat Free Chocolate

*This institution is an equal opportunity provider.*

*Menu subject to change.*

*Karen Marroquin 12/8/23*

Carrizo Springs CISD Lunch PK-8 Grades

Jan. 8-26, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 8	Jan. 9	Jan. 10	Jan. 11	Jan. 12
Pop Corn Chicken Corn Dogs Vegetables: Broccoli Normandy/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Beef Nachos Cheese Nachos Vegetables: Refried Beans / Salad Bar Grain: Spanish Rice Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Salisbury Steak Chicken Tenders Vegetables: Steamed Carrots/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Fried Chicken Beef Fingers Vegetables: Mashed Potatoes/Salad Bar Grain: Rolls Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Pepperoni Pizza Cheese Pizza Vegetables: Fries/Salad Bar Grain: Pizza Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg
Jan. 15	Jan. 16	Jan. 17	Jan. 18	Jan. 19
Frito Pie Chili Cheese Dogs Vegetables: Broccoli Normandy/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Chicken Alfredo Meatball Sandwich Vegetables: Peas & Carrots/Salad Bar Grain: Bread Sticks Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Country Steak Chicken Tenders Mashed potatoes/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Grilled Cheese Spagetti w/meat sauce Vegetables: Salad Bar Grain: Bread Sticks Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Hamburgers / Cheese Burger Vegetables: Crinkle Fries /Lettuce & Tomatoes Grain: Burger Bun Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg
Jan. 22	Jan. 23	Jan. 24	Jan. 25	Jan. 26
Chicken Tender Chicken Tender Salad Vegetables: Fries / Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup/Mustard pkg	Boneless Wings: Lemon Pepper Ham/Cheese Sandwich Vegetables: Carrots/Salad Bar Grain: Sandwich Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup / Ranch	Burgers Cheese Burgers Vegetables: Fries/Salad Bar Grain: Sandwich Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup/Mustard pkg	Cheese Enchiladas Tostadas Vegetables: Refried Beans / Salad Bar Grain: Spanish Rice Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk	Popcorn Chicken Orange Chicken Vegetables: Peas & Carrots/Salad Bar Grain: Egg Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup/Mustard pkg

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*Karen Marroquin 12/4/23*

Carrizo Springs CISD Lunch PK-8 Grades

Jan. 8-26, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 8	Jan. 9	Jan. 10	Jan. 11	Jan. 12
Hot & Spicy Ckn Patty Chicken Patty  Vegetables: Fries/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Beef Nachos Cheese Nachos Vegetables: Refried Beans / Salad Bar Grain: Spanish Rice Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Salisbury Steak Chicken Tenders Vegetables: Steamed Carrots/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	<b>Fried Chicken</b> Beef Fingers Vegetables: Mashed Potatoes/Salad Bar Grain: Rolls Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Pepperoni Pizza Cheese Pizza  Vegetables: Fries/Salad Bar Grain: Pizza Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg
Jan. 15	Jan. 16	Jan. 17	Jan. 18	Jan. 19
<b>Frito Pie</b> <b>Chili Cheese Dogs</b> Vegetables: Broccoli Normandy/Salad Bar Grain: Corn Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Chicken Alfredo Meatball Sandwich Vegetables: Peas & Carrots/Salad Bar Grain: Bread Sticks Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Country Steak Chicken Tenders  Mashed potatoes/Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg	Grilled Cheese <b>Spagetti w/meat sauce</b> Vegetables: Salad Bar Grain: Bread Sticks Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate	Hamburgers / Cheese Burger Vegetables: Crinkle Fries /Lettuce & Tomatoes Grain: Burger Bun Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Ketchup/Mustard pkg
Jan. 22	Jan. 23	Jan. 24	Jan. 25	Jan. 26
Chicken Tender <b>Chicken Tender Salad</b>  Vegetables: Fries / Salad Bar Grain: Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup/Mustard pkg	<b>Boneless Wings: Lemon Pepper</b> Ham/Cheese Sandwich Vegetables: Carrots/Salad Bar Grain: Sandwich Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup / Ranch	Burgers Cheese Burgers  Vegetables: Fries/Salad Bar Grain: Sandwich Bread Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup/Mustard pkg	<b>Cheese Enchiladas</b> Tostadas Vegetables: Refried Beans / Salad Bar Grain: Spanish Rice Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk	Popcorn Chicken <b>Orange Chicken</b> Vegetables: Peas & Carrots/Salad Bar Grain: Egg Roll Fruit: Fresh Fruit Milk: 1% Low Fat White milk; Fat Free Chocolate Milk Ketchup/Mustard pkg

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